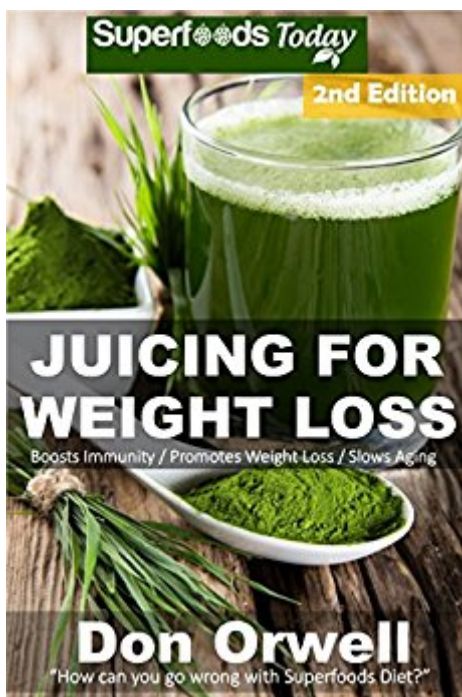


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Synopsis

How Can You Go Wrong With 100% Superfoods Juices? Juicing For Weight Loss -second edition contains over 85 Superfoods Juices recipes created with 100% Superfoods ingredients. The book also contains bonus chapter with 25+ Superfoods Salads for Weight Loss. No soy milk, no cows milk, no artificial flavors, only 100% natural Superfoods that deliver astonishing amounts of antioxidants, essential fatty acids (like omega-3), minerals, vitamins, and more. Superfoods are foods and the medicine and they offer tremendous dietary and healing potential. Superfoods slow aging, boost immunity, energize and detoxify. Would You Like To Know More? Download and start getting healthier today. Scroll to the top of the page and select the buy button.

Book Information

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Customer Reviews

Juicing Recipes is a quality recipe book that's rather impressive. There is a recipes for virtually almost every health outcome you are trying to achieve. I certainly enjoyed the read. This book is

filled with amazing juice recipes from complete nutrition to digestive health to energy and more! Well organized with a great format.

This book is lacking in so many ways - needs color - everything is in grey tones. No caloric information. No index. Someone forgot to proofread, so details and typos exist in abundance. My comment is, you can do much better, keep looking for a better book.

wow ! the author has presented such an awesome delicious weight reducing juices that you cant wait to prepare them. I liked the simple description of juices and how to make them , my favourite was the beet, brocolli and banana juice due to amusing colour :) my next favourite was raspberry, blueberry and endive juice again due to its appealing colour. Almost all juices seems to be delicious though i havent tried all of them yet. Recommended for anyone who wants to reduce weight as well as want a delicious juice.

Lossing weight is one of my goal and I did a lot of recipes that they say is effective in lossing weight,but it took me sometime to see the result until i saw this book and follow the recipes and i can really say it works indeed. The given juicing recipes are very detailed and easy to understand. Will recommend this one to my friends

I am so over this rubbish populating . Books like this give books in general a horrible name and the person who put it together ought to be ashamed of themselves. Of course they won't be. Shameless huckster.

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